



Babas & Borshch Ukrainian Festival

Annual Borshch Cook Off
Sunday, August 28, 2022 noon

~ Borshch Cook Off Rules ~

Meet your 2022 Borshch Cook Off Judges: Chef Brad Smoliak; funny man, Donovan Workun; and Season 3 winner of the Great Canadian Baking Show, Natalia Shevchenko!

Good news: still no entry fee!

Entrant speeches are a fun, entertaining part of the Cook Off and we don't want to lose that! So, the speeches stay in but they won't affect scoring. The speech is a few words about your recipe or technique, or anything the judges may be interested in hearing about your recipe.

1. **Pre-registration by August 11, 2022 is required** in order to compete. Complete the entry form below and email it to: babasandborshch@gmail.com OR call 780-365-2434 to register. Registration is limited to the first 15 entrants.
2. Beets must be part of your recipe.
3. We encourage you to share your recipe with us if you wish. It just may be included on the event's website or in a future publication.
4. Entrants prepare a **minimum of five cups of borshch** at home. Bring your soup in a slow cooker to keep it hot. Please arrive at least 1 hour prior to the competition to allow time for set-up, and getting your soup to the right temperature....cold borshch has never won a prize!
5. **Entries will be judged on the following criteria:**
 - Taste (does it wow the judges?) 50/100 points
 - Visual (does it look as good as it tastes?) 20/100 points
 - Technical (are the veggies uniform in size?) 20/100 points
 - Temperature (is this hot soup hot?) 10/100 points
6. Presentation - provide 5 bowls to serve the borshch in and for photography purposes. You are encouraged to decorate your space, if you wish.
7. Decision of the judges is final.
8. Prizes (handcrafted ceramic bowls by potter, Susan Ferbey) will be awarded to the Top 3 entries.

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Borshch Cook Off Entry Form

Name: _____

Address: _____

Phone Number: _____

Email: _____